



IMPORTANT EARLY CHILDHOOD INFORMATION

SNACK TIME

In the pursuit of instilling healthy habits in our students, please include in your son's lunch bag a healthy snack, in addition to his regular lunch, to be eaten at snack time. Suggestions for healthy snacks include fresh or canned fruit, applesauce, fresh vegetables, pickles, yogurt, cheese or hard boiled eggs (no healthy Mezonos snacks). Please do not include any candy or soda in his lunch or snack. We will provide an afternoon snack.

BIRTHDAY PARTIES

We love celebrating birthdays in school. In order to plan a birthday celebration in school, please make sure to contact your son's teachers, preferably three days in advance, to let the teachers know whether you will attend the party or not and, if yes, to set up a convenient time. Make sure to discuss potential food allergy conflicts as well. We ask that you bring in sealed, store-bought, and PAREVE items that are under the heksherim recommended by the Baltimore Vaad Hakashrus, the "Star K" (no homemade foods). In addition, please do not send in party bags or use TV or movie themes.

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